

Job 6:6

Can flavorless food be eaten without salt? Or is there any taste in the white of an egg?

My mom went home to be with the Lord several years ago, but the other day I was talking with a couple of my friends at church, and I was telling them how my mom was a salt-aholic (Yes, I made that word up). Now I say that because I remember whenever my mom got any food from a restaurant, or someone cooked food, or even for a time when she was in a resting home, the first thing she would do was put salt on it.

Now there is nothing wrong with salting your food, even today's verses talks about salting an egg, because we know that the white of an egg really does not have much flavor. But my mom would salt her food without even tasting it first. Now a good cook or good restaurant will season food properly so that you would not have to add salt. Even when my wife makes dinner for us each night, I rarely have to salt or season the food, because she cooks it with the right seasonings and amount of salt.

But think of this, what happens when we salt food that was properly seasoned? The result is that the food would taste bad because it would now be too salty.

But going back to my conversation with my friends at church, it had to do with being silent and not responding to fast, or the simple fact, as my friend pointed out, that we spend more time trying to think of ways to respond to someone when he or she is talking, instead of just listening, savoring, and digesting what they just said. Case in point, my example of salt came to mind, and I wanted to make sure I got my two cents worth in when I was talking with my friends. Was it needed, or did it make what he said taste any better? No, not really, but it did give me today's devotional lol!

But then my mind goes to social media, and how there are times when someone, or even I will post something that the Lord had given me, or even just scripture, and then there are those who can not resist, and they have to give their two cents worth in and when they do, they take something that was pure and clean and tasted just right, and ruined it with their own addition of salt (opinion), so to speak.

But did not James tell us to:

† **James 1:19 (NLT2)** *Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry.*

Also, the proverbs teach us that:

† **Proverbs 17:28 (NLT2)** *Even fools are thought wise when they keep silent; with their mouths shut, they seem intelligent.*

King Solomon also taught us that there is a **“A time to keep silence, And a time to speak”** **Ecclesiastes 3:7b** as well as, **“The hearing ear and the seeing eye, The LORD has made them both.”** **Proverbs 20:12**

So, let’s learn to be more silent as others are talking, and to let their words that the Lord gave them to speak, be that right seasoning upon the hearts that it is speaking to, which in most cases are our own hearts. Because there are times when we speak, and prove ourselves a fool, and make a tasty bite of the goodness of God’s word, too salty, so much so that some will even reject it.

† **Matthew 5:13** *You are the salt of the earth; but if the salt loses its flavor, how shall it be seasoned? It is then good for nothing but to be thrown out and trampled underfoot by men.*